



# MOUNTAIN CYCLIST

LEADING THE PARTICIPATION OF MOUNTAIN CYCLISTS IN THE TRAIL COMMUNITY

JULY-AUG 2002

## Swap Meet a Raging Success

This year's Swap Meet, our largest fundraiser, was another success, with 77 vendors offering up everything from antique bicycle parts to the latest in cycling fashion wear. The weather was perfect as hundreds of eager shoppers browsed the rows and rows of booths, looking for anything bicycle related. ROMP had the usual food and drink booth to help keep the shoppers stamined up during the day.

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## Romp joins BARTC

In June ROMP submitted its first time membership enrollment of \$100.00 to the Bay Area Ridge Trail Council. The Romp Board continues to be impressed by BARTC's commitment to land preservation, the 400 mile Ridge Trail development and shared use access.

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## Local Places from a Ranger's Point of View

By Paul Nam

Henry Coe State Park is a great place to ride. I met with Senior Ranger Barry Breckling of Henry Coe State Park to ask him about the park. Barry is in his 25th year at the park.

"You get out into a wild place like this and it puts you back in touch with your

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## SF Bay Area an "IMBA Hot Spot"

IMBA has designated San Francisco, Cleveland and New York City as IMBA Hot Spot locations in 2002, as part of an effort to improve mountain bike access in urban areas.

Urban access is one of the most difficult challenges facing IMBA and its affiliated clubs. As cities continue to expand and open space dwindles, mountain bikers and other trail enthusiasts struggle to find convenient places to enjoy the outdoors. The IMBA Hot Spots program focuses on improving urban trail access by applying a variety of advocacy resources simultaneously. "The Hot Spots program has two basic goals," said IMBA advocacy coordinator Dan Vardamis. "First, we're trying to improve trail access for mountain bikers and all trail visitors in urban areas. Second, we want to highlight the bicycle as an awesome way to get city residents outdoors."

The IMBA Hot Spots program concentrates on a few cities each year. IMBA provides local mountain bike groups and land managers in these cities with Subaru/IMBA Trail Care Crew visits, educational materials, management solutions and strategic advice. IMBA also works with local advocates to create National Mountain Bike Patrol Units and IMBA Sprockids Clubs. Special public events celebrate the spirit of mountain biking and build awareness of local trail access issues.

The IMBA Hot Spots program is supported by Clif Bar Inc. For more information visit <http://www.imba.com/hotspots> or email IMBA's advocacy coordinator Dan Vardamis.

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## Coyote Lake Bear Ranch Input Needed! Special Session to Discuss Bike Access

The Bear Ranch Task Force met on June 13. We discussed non-golf course ideas for the western flat area. These 300 acres continues to be the "hot spot" of the park. While the design presented was accepted by all, the golf course issue continues to be hotly debated because of the revenue it can generate.

Rachael Gibson, an assistant to Supervisor Don Gage of District 1, was at the meeting and she pointed out that revenue generation will be very important for this park to go forward. In these times where the state has a \$24 billion dollar deficit that concept is easy to understand.

There was not enough time to adequately discuss the BMX/Dual Slalom course for the

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# ROMP MOUNTAIN CYCLIST

The *Mountain Cyclist* is the monthly newsletter of the Responsible Organized Mountain Pedalers (ROMP). Mailing address:

ROMP  
PO Box 1723  
Campbell CA 95009-1723  
info@romp.org

Send general newsletter material directly to the editor (not to the club PO box):

John Hillstrom  
newsletter@romp.org

Send ride listings to the club ride coordinator (not to the club PO box):

Chris Voci-Nam and Paul Nam  
408-446-3745  
ride@romp.org

## Monthly Meetings

Monthly meetings are where the vast majority of ROMP business is conducted, including policy development issues, budgets, and cyclist education. They occur at 7 PM on the fourth Monday of each month (except December) at the Round Table Pizza, Sunnyvale Town and Country  
**Address:** 101 Town And Country Sunnyvale, CA 94086. (408) 736-2242

## Newsletter Mailing Party

Many thanks to all for helping fold, tab, and label the last newsletter.

This fun is repeated monthly, usually on the fourth Wednesday or Thursday of the month in Cupertino. If you would like to help next time (and eat some pizza and talk bikes at the same time), contact Glenn Wegner at 408-257-8284 or news mailing@romp.org for more details.

## IMBA Rules of the Trail

ROMP, an IMBA-affiliated organization, supports and practices the IMBA Rules of the Trail. Following these rules is not only key to responsible riding, but essential to keep trails open to cycling.

1. Ride on open trails only.
2. Leave no trace.
3. Control your bicycle.
4. Always yield trail.
5. Never spook animals.
6. Plan ahead.

## Ned Overend To Visit ROMP Social Event!

Sure, you know Ned Overend is a world class mountain biker and pioneer in our sport, but did you know that he is a huge trail access advocate who works actively with IMBA?

Besides being a champion mountain biker and adventure racer and generous person, and despite being a very busy man, Ned still manages to promote trail building and advocacy on the local as well as the international level.

Ned will be the featured guest speaker at our August Social Event. Come to our social event and find out what makes Ned tick!

### ROMP Social Event Featuring Ned Overend

August 16, 2002

840 North First Street Restaurant

7:00 PM appetizers and brew

Members: \$20 Non-members: \$25.00

Join ROMP at the door and get in at member price!

*Ride details at the end of the newsletter. See [www.romp.org](http://www.romp.org) for latest updates!!*

## July 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Ride	3	4 Ride	5 Ride	6
7 Ride	8	9 Ride	10 MROSD Cancelled	11 Ride	12 Ride	13 Ride
14 Ride	15	16 Ride	17	18 Ride	19 Ride	20
21 Ride	22	23 Ride	24 MROSD at 7pm! Ride	25 Ride	26 Ride	27 Clinic
28 Ride	29	30 Ride	31			

## August 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Ride	2 Ride	3
4 Ride	5	6 Ride	7	8 Ride	9 Ride	10
11 Ride	12	13 Ride	14 MROSD at 7pm!	15 Ride	16 Ned at Social	17
18 Ride	19	20 Ride	21 MROSD at 7pm!	22 Ride	23 Ride	24 Clinic
25 Ride	26	27 Ride	28	29 Ride	30 Ride	31

## IMBA TCC Coming to Town



IMBA's Trail Care Crews spend ten months of the year traveling the country and teaching trail maintenance and design to local mountain bike clubs, park users, and land managers. They will be here in the Bay Area from July 10<sup>th</sup> through the 21<sup>st</sup>. Activities include;

July 12<sup>th</sup> & 13<sup>th</sup>; Trailbuilding School - Oakland's Joaquin Miller Park (1-5)  
 July 14<sup>th</sup>; Trail work in Marin  
 July 15<sup>th</sup>; Possible Soquel Demonstration Forest Tour  
 July 16<sup>th</sup>; attend EBRPD Board Meeting  
 July 17<sup>th</sup>; MROSD - tour lands and meet with field staff  
 July 20<sup>th</sup>; Trail Work EcdM  
 July 21<sup>st</sup>; Trail Work Wilder Ranch

IMBA's Trailbuilding Schools consist of 1/2 day of classroom training and one day of field work. The training will cover various aspects of trail maintenance and design, ranging from trailbuilding design and philosophy to construction and maintenance. A number of MROSD staff are planning on attending.

Henry Pastorelli, President

## San Mateo County ROMP Members Step Up to the Plate

A couple of ROMP members have recently gone to bat for cycling access in San Mateo County. It's a shame that essentially all San Mateo County parks are closed to cyclists. This forces many cyclists to travel to the northern MROSD Preserves (EcdM and Purissima) to find a place to ride. Why are parks such as Memorial,

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## ROMP Directory

**Responsible Organized Mt. Pedalers (ROMP)**  
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<b>Webmaster</b>	Karen McAdams
650-233-1895	<a href="mailto:webmaster@romp.org">webmaster@romp.org</a>

## Other Organizations

**Bicycle Trails Council of Marin (BTCM)**  
 PO Box 494, Fairfax CA 94978  
 415-456-7512 [btcmarin.org](http://btcmarin.org)

**Bicycle Trails Council of the East Bay (BTCEB)**  
 PO Box 9583, Berkeley CA 94709  
 415-528-BIKE [www.btceastbay.org](http://www.btceastbay.org)

**Folsom Auburn Trail Riders Action Coalition**  
 916-663-4626 [www.fatrac.org](http://www.fatrac.org)

**International Mt. Biking Association (IMBA)**  
 PO Box 7578, Boulder CO 80306  
 303-545-9011 [www.imba.com](http://www.imba.com)

**Monterey Mt. Bike Association (MoMBA)**  
 PO Box 51928, Pacific Grove CA 93590  
 408-372-2134

**Mountain Bikers of Santa Cruz (MBoSC)**  
[president@mboosc.org](mailto:president@mboosc.org) [www.mboosc.org](http://www.mboosc.org)

**Sonoma County Trails Council (SCTC)**  
[www.sonomatrails.org/sctc/](http://www.sonomatrails.org/sctc/)

**San Jose Inner City Outings (San Jose ICO)**  
[www.sierraclub.org/ico/sanjose/](http://www.sierraclub.org/ico/sanjose/)

**Silicon Valley Bicycle Coalition**  
[www.svbcbikes.org/](http://www.svbcbikes.org/)

**Western Wheelers Bicycle Club**  
[www.westernwheelers.org](http://www.westernwheelers.org)

**Women's Mt. Biking and Tea Soc. (WoMBATS)**  
[www.wombats.org](http://www.wombats.org)

## Land Manager Meetings

**Midpeninsula Regional Open Space District (MROSD)** oversees many open space preserves throughout San Mateo and Santa Clara counties. Board of director's meetings are open to the public on the second and fourth Wednesdays of each month at 7:30 PM in the district offices at 330 Distel Circle (off El Camino Real north of Rengstorff), Los Altos. The District also holds Trail Policy Committee meetings which deal with development and implementation of trail use policy.

**Los Gatos Trails Committee** meets on the second Thursday of each month from 6 to 7 PM at 41 Miles Avenue, Los Gatos.

**Santa Clara County Group of the Bay Area Ridge Trail Committee (BARTC)** meets on the third Wednesday of each month from 7:00 PM to 9:00 PM at Greenbelt Alliance, 1922 The Alameda, Santa Clara (may change – call before attending). Call Judy Etheridge at 408-248-3900.

**San Mateo County Group of the BARTC** meets on the first Wednesday of each month from 9:30 AM to 12 noon at Coyote Point Museum (odd months) and other locations (even months). Call Bill Smith at 650-873-0415 for meeting locations and other information.

## Land Manager Directory

**Bay Area Action (Arastradero Preserve)** 265 Moffett Blvd., Mountain View 94043, 650-625-1994 or 1996, fax 650-625-1995; www.arastradero.org, www.baaction.org (general), www.participation.com/arastradero

**California Recreational Trails Committee** Ken McKown, Trails Coordinator, PO Box 942896, Sacramento 94296-0001, 916-653-6501

**Castle Rock State Park** Bob Culbertson, 408-429-2869; Dave Keck, 916-322-2997

**City of Palo Alto (Arastradero)** Recreation, Open Space and Sciences Division, 650-329-2423

**East Bay Regional Park District** 11500 Skyline Blvd., Oakland 94619, 415-531-9300

**Henry W. Coe State Park** P.O. Box 846, Morgan Hill 95038 Kay Robinson, Park Sup't. 408-848-4006, Barry Breckling, Unit Ranger 408-779-2728, Joe Harcastle, District Superintendent. 209-826-1196; www.coepark.parks.ca.gov (general), www.coepark.parks.ca.gov/biking.html (biking)

**Midpeninsula Regional Open Space District** 330 Distel Circle, Los Altos 94022; 650-691-1200; mrospd@openspace.org, www.openspace.org

**Mt. Diablo State Park** District Office 96 Mitchell Canyon Rd., Clayton 94517; 510-673-2891; Larry Ferri, Park Superintendent

**Santa Clara County Parks & Rec. Dept.** 298 Garden Hill Dr., Los Gatos, 95030; Mark Frederick, Capital Projects Mgr., 408-358-3741 x143; fax 408-358-3245; mark.frederick@mail.prk.co.santa-clara.ca.us, claraweb.co.santa-clara.ca.us/parks/

**Santa Clara County Board of Supervisors** 70 W. Hedding, San Jose, 95110; 408-299-2323

**Santa Cruz District** 600 Ocean St., Santa Cruz 95060; 408-429-2850; David Vincent, District Superintendent

**The Trail Center** 3921 E. Bayshore Road, Palo Alto 94303; 650-968-7065, www.trailcenter.org

## Mad Props to the Swap Meet Volunteers

*(Continued from page 1)*

I would like to thank Vance and Cupertino Bike Shop for hosting the event again this year. I would especially like to thank the following volunteers who selflessly gave their time and energy, unloading vendors, taking entrance fees, and manning the ROMP booth:

Jim Sullivan  
Esther Kim  
Eric Rendler  
Tyler French  
Chris Voci-nam

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## Interview With a Ranger

*(Continued from page 1)*

roots, and fills you up with some freshness. We have the perfect habitat for some of the most spectacular wildflower displays in the world." It is a rugged and pristine land crisscrossed with abundant trails and dirt roads.

"It became a county park in 1953, and in 1958 the state bought it for a dollar. That was just the original 13,000 acres. Then around 1980 we added these larger parcels: the Coit addition, the Gill-Mustang and the Thomas addition, and since then we've added other little parcels so we're up to about 86,000 acres. I usually tell people, to give them an idea of the size of the park, that it is about three times the size of San Francisco!"

"In the early 80's, it was thought that a portion of it should become state wilderness. [This became the Orestimba Wilderness.] Bicycles are not allowed; no mechanical devices of any kind. We want to do some work removing dams to get things back to the kind of situation that existed several hundred years ago, but we can't even take a wheelbarrow in, because it's mechanized. Red Creek Road is a corridor through the wilderness. At the last minute the forestry department got that through because they consider that a major fire break for that area. Bikes are free to go along it as long as they don't go off the road."

At the southern end of the park near Casa de Fruta at Highway 152 there is a historic site called Bell Station where Kaiser Aetna Road ascends to the north into Coe and provides access to the remote wild lands of southeast. "When Kaiser Aetna owned the property they had plans to build everything from 40 to 200 acre parcels for homes and large development out there. The Dowdy Ranch area was all set up, they had dug wells, and there was going to be center with swimming pools. They had some problems with water and getting the county to say ok to their development. They sold the property to someone, and that person upped the price and sold it to us."

There is public vehicle access being planned, on a seasonal basis, to the Dowdy Ranch area. I asked how this project was coming along. "They say it will be ready in two years, which means five to seven in State Time. I would love to see access to Pacheco Creek for people so they can enjoy and learn about the wonderful things to be found there, but fear that this would also bring a lot of damage. There has already been money expended. In 2004 the road is supposed to be open in the dry months, May through October, and there will be bathrooms and a parking lot at Dowdy Ranch."

Does the park get enough support from the State to operate effectively? "Simple answer - NO. We're borrowing money from an Off Highway Vehicle fund that we'll probably never be paying back, and that's just to get basic operations. Then last year

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## ROMP Picnic Scheduled

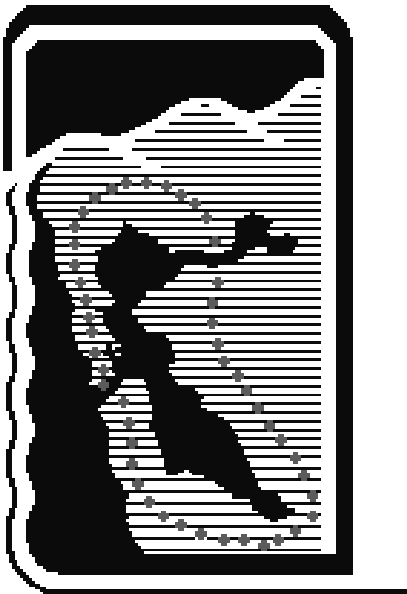
ROMP's Picnic is scheduled for Saturday, September 21st at noon. The location is the Villa Maria picnic area in Stevens Canyon County Park (same as last year). Come out and socialize with your fellow bikers and have a generally great time. Also, remember that there will be a raffle with great schwag, include a bike. Everyone there will be entered to win. However, if you have done volunteer work and entered your hours, you'll have even more chances to win!

ROMP members and non-members are welcome (members get a reduced rate and you can join ROMP at the picnic)! Stay tuned to [www.romp.org](http://www.romp.org) for details on directions, times, and how to submit your volunteer hours.

### ROMP Joins BARTC

*(Continued from page 1)*

Recent openings of trail segments to bikes



include the Boccardo trail in Alum Rock and the Rapley Ranch segment at Russian Ridge Open Space Preserve. These are wonderful examples of their team at work. Please see their website for more info: [www.ridgetrail.org](http://www.ridgetrail.org)

### IMBA Hot Spot!

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damis at [dan@imba.com](mailto:dan@imba.com) or call 303-545-9011.

Mountain bike clubs in each Hot Spot city will host 10 days of focused events. Detailed schedules will be forthcoming.

2002 Hot Spot Dates:

San Francisco; July 10-21, 2002

Cleveland; August 8-18, 2002

New York City; September 19-29, 2002

### Interview With a Ranger

*(Continued from page 4)*

with the surplus things were looking pretty good. We were promised money for deferred maintenance, to catch us up for all the lack of repairs we have had due to minimal budgets of past years. Things were looking so good that last year the governor lowered the fees. I hope that they stay down because I think it's great that we can charge less. Parks should be for everyone, especially the poor."

"Park visitation in the last few years has really gone up. It used to be that we were busy in the spring, got hot in the summer and it slowed down a lot, fall it picked up a bit, and in the winter it was off and on with the little bit of good weather, but now the headquarters campground stays full from about March through October. Last year every site was taken every weekend during that time. So it sure has gotten busy."

I asked him why there weren't any permanent toilet facilities at Hunting Hollow yet. "Yeah. [Barry Chuckled] They just put in all these big pit toilets all through the backcountry, they sleep six comfortably, and I find it funny too that nothing was put up there. I believe what they would like to do is actually wait and develop flush toilets and everything, and that takes time. So it's going to be probably another year [in State time] until we see that."

Sus Scrofa, the wild pigs of Coe, are a hybrid of the wild Russian Boar interbred with domestic pigs. When I asked his opinion of wild pigs Barry said, "They should be shot. The general plan says that we will remove them. I don't think that we'll ever get enough money to eradicate them in this park. They are just too prolific, but we can lower their numbers and lower their damage. By this next summer we should have a program in place. We've got the research done in the park. There's been an agreement with the [Department of] Fish and Game worked up. The next step is to get a big contract to have someone come in and remove them. Some people try to say that they take the place of the Grizzly Bear that lived here because they do many of the same things, and that's true, but their numbers are so much more than the Grizzlies ever were, and they do things like pick up every acorn they can find under every oak tree and there's things like the scrub jay and acorn woodpecker that depend on the acorns to survive. We don't get as many deer as we probably would have because the fawns typically fatten in the fall [upon acorns] to be able to make it through their first winter. Fawn survival is not as good when there are not as many acorns. All the rooting does bring in non-native plants, and probably doing some bad things to the soil."

I asked if there had been any Sudden Oak Death in the park. "I don't think so. It's a devastating disease. We hope we never see it, but it seems very likely that we could. It's just on those mountains over there [Barry points westward to the Coast Range] that you can see. It's not far. If people have parked where there is Sudden Oak Death they should wash their tires off and their boots off. One hope we have is that these

*(Continued on page 6)*

## Docent Led Interpretive Rides

Friends,

Next month, along with 2 other cyclists, I will complete the docent training program at MROSD. This year the roster of MROSD docents will contain 5 mountain bikers! In early July we will meet to select dates, locations, and themes for interpretive rides for cyclists.

I'm looking for feedback from cyclists on what you all would like to learn about, where you'd like to ride, which dates this fall would be best, how long/far/fast you'd like an interpretive ride to be, etc.

Some of the topics we've covered during training include Earthquake Geology, the Ohlone People, Redwood Ecology, Birds, Tracking, Biotic Communities, Native Plants and Wildflowers, Butterflies, etc.

Please let me know if you have any interest in participating in an interpretive ride and let me know if there's something special you'd like to learn more about.

Patty Ciesla - imahorse@stanford.edu

### Interview With a Ranger

*(Continued from page 5)*

dryer climates [like we have at Coe] are not going to be as good a home for it." I asked him about a pair of big fallen oaks which toppled in recent storms on Pine Ridge. "There's two pretty good size valley oaks out there I know that bit the dust out there. They are big old valley oaks that are several hundred years old that have finally died. They say oak trees live for a hundred years and die for a hundred years, but these big old valley oaks live for two hundred and die for two hundred. Down near the campground they actually had a large limb fall and kill a lady that was camping there." This is another type of Sudden Oak Death altogether.

Fallen tree limbs across the trail can be dangerous inconveniences for cyclists. I asked him what we could do about dead-falls. "If it's on the trail and they are not going to get hurt by doing it, they can pull it off, great! Otherwise what we appreciate is if people come in and tell us and we'll get out there as soon as possible. But you know, we've got a limited staff here."

Other problems face the park as well. "Poaching [of game] occurs every year and we occasionally catch people, but it's not too bad. In the last three years, marijuana farming has become big time in the park. We have found farms of over 1,000 plants, boxes of empty handgun ammunition, and poisons. This practice is a major resource and safety issue in the park."

There are a couple of air-strips in the park. Out of curiosity, I asked when was the last time a plane landed on them? "Maybe yesterday. We gave warning for the first few years these areas became park, starting about 1980. More recently we have been issuing citations. I would like to see vegetation grow up on these strips so pilots won't think about landing." Another problem is Yellow Star Thistle, an Asian immigrant weed (which can puncture bike tires). "It's a bad thing, but it is controllable. We are doing major work in some areas of the park on it. We are using biological control - hairy weevils, controlled burns, and chemical control - transline, a product that kills little more than just the Star Thistle." There are other invasive plants to be concerned about as well.

One native still present is the Mountain Lion. "A few weeks after I got here, I was walking on the other side of the monument up here, and I saw a young Mountain Lion. Lions stay with their mom until about two, and there she was, about thirty yards away. That was first of about 19 lion sightings I've had in the park. I think there are about 6 to 8 adult Mountain Lions using the park with no single lion having home range strictly within the park." Mountain Lions are not a serious danger to visitors. "People come up here from the cities and they're afraid to go out, and I say where do you live? And they say San Jose. And I say, Oh my gosh! Talk about dangerous, you are a lot safer here than you would be in San Jose!"

There is a lot more to Coe than first meets the eye. We talked about hidden crags in the park, wildflowers, old cabins, tur-

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### Save a Tree: Go Paperless!

Members with web access may forgo receiving the printed version of this newsletter. By doing so, you will receive an email notifying you when the latest newsletter is posted on ROMP's website (at [www.romp.org/news](http://www.romp.org/news)). If you would like to select this option, send an email to [memberdata@romp.org](mailto:memberdata@romp.org) with "No paper, please" in the subject and your name and preferred email address in the body.

## New Romp Sponsor

Please welcome Polytec Products of Redwood City. They are a precision machine shop supplying many of the local Silicon Valley high tech companies. They also employ a number of mountain bikers who realize the importance of supporting your local club. Thanks again and welcome Polytec!



**POLYTEC  
PRODUCTS  
CORPORATION**

## Bear Ranch Workshop—Your Input Needed!

*(Continued from page 1)*

Bear Ranch. A copy of the proposal sent to Metka Vahl by Henry Pastorelli and Darius Contractor was distributed to the Task Force members. Although these items were brought up at the Parks Commission meeting in May, there is not a good understanding by the Task Force, County staff and the public of what a BMX/DS course would involve.

Comments were made that a Dual Slalom course may have a negative visual impact, i.e. an image of "ski trails" dug into the hillsides. It was also mentioned that both Gilroy and Morgan Hill were in the process of developing or discussing the development of BMX parks. It was asked if the BMX/DS course could generate revenue of any kind. This is important for those wanting to explore alternatives to the golf course for revenue generation.

What I would suggest is that the experts on this subject need to attend and come prepared to present your topic (pictures would help) at:

**Special Parks Commission Workshop for the Master Plan of Coyote Lake Bear Ranch**  
**Thursday, July 11 - 7 PM**  
**County Government Center**  
**Lower Level Conference Room**  
**70 West Hedding Street**  
**San Jose**

This is not a typical Parks Commission meeting with a busy agenda. This meeting will focus exclusively on the Bear Ranch. The Parks Commissioners were not able to grasp all the details involved with this park at their May meeting so they asked for the workshop so they could expand their knowledge of the scope of the park. They have also had a tour of the property in the last month.

As with any meeting, those who are well represented will be seen and heard!!

Best regards,  
Alicia Borowski

## Interview With a Ranger

*(Continued from page 6)*

keys, coyotes, a mine at the Rooster Comb, steep trails and roads, potential new trails, the visitor center, and the volunteer opportunities. These are some of the wonderful things you can discover on your next visit to Coe. Barry says, "The value of the park, and other parks, is that wild places are important to people. If we don't protect what we have now, it will be lost forever. It can provide a most wonderful place for people to come and enjoy but people also hurt the environment that we try to protect."

Thanks to Barry Breckling for all his years of service, and for sharing his views.

Paul Nam

# July and August Rides

## Check Website for Updates!

*Tuesday, July 2*

### **B/INT/5-10/various - Whine and Dine MTB Ride**

Meet at Summit Bikes on Main Street in Los Gatos, across the street from the Los Gatos Library at 6pm. This is a social MTB ride that will ride various trails radiating out of this area. Bring the usual supplies. Rain within 48 hours or intense heat cancels. Burritos after! Nobody left behind.

Ride posted at: <http://www.stevesloan.sjsu.edu/personal/tuesmtb.htm>

Contacts for this ride are Steve Sloan, 408 448-3408 hm, [sloan@jmc.sjsu.edu](mailto:sloan@jmc.sjsu.edu) or Tyler French 408 756-7396 (work), [tyler.j.french@lmco.com](mailto:tyler.j.french@lmco.com)

### **B/INT/23/1500 – ROMP Alpine Road Auto-Free Mountain-Bike Ride.**

This all-legal, mostly offroad night-ride, will meet southbound Caltrain #66 at 5:02 PM, and northbound #81 at 5:05 PM at the California Ave. Caltrain station. From there we'll roll up through Arastradero Preserve to Alpine Rd. and Willowbrook in Portola Valley. At 6:15 PM we'll meet anyone driving up (please park on Willowbrook) at this intersection. Next we'll pedal up old Alpine Rd. to Page Mill Rd. at Monte Bello Ridge. Returning we meet the northbound Caltrain #95 at 8:26 PM, the southbound #66 at 9:03 PM. There are a bevy of bicycle-friendly eateries on California Ave. to hang at 'til the desired train arrives. This ride is for intermediate riders with 3+ hr. headlight systems; reflectors and flashing rear lights are also highly recommended. Route will consist of 2 miles on singletrack, 5 miles on dirt roads, and 16 miles on paved roads. The pace is slow, and cloudsplitting is a must at the summit. This ride is geared for fun. For further information, contact Jim at 650-493-8774 or [ssulljm@juno.com](mailto:ssulljm@juno.com).

### **C/INT/10/1800' TUESDAY EVENING FREMONT OLDER RIDES**

Unwind after work at Fremont Older. Enjoy the green hills, wildflowers and lush poison oak as we ride the fire roads and single track. Meet Glenn & Linda (408-257-8284) at 6 PM in the main Stevens Creek Co. Park parking lot off Stevens Canyon Rd. in Cupertino. From 280, exit onto Foothill Blvd and go south about 2 miles to the pkg lot entrance. From Stevens Creek Blvd, head south about 1.2 miles on Foothill to the pkg lot entrance. Bring \$\$ for optional food after the ride. \$4.00 to park in the pkg. lot.

*Thursday, July 4*

### **B/INT/10/1000 - After Work Dirty Ride.**

Meet at 5:30 PM at Corner of Bernal Road and Heaton Moor. Looking for a great after work training ride??? Want to ride a little bit of every kind of terrain? Then meet at 5:30 pm, ready to ride, at the corner of Bernal Road & Heaton Moor, near the northwest section of the Santa Teresa Golf Course. Bring all necessary supplies. No one left behind. For further information, contact Richard Holtemann at 408-226-6871 or [mtbholt@yahoo.com](mailto:mtbholt@yahoo.com).

*Friday July 5, 2002*

### **B/INT/12/2000---Henry Coe Park**

The Legendary Coe Friday night rides are now on a fixed schedule. It's simple: every Friday night at 7:00pm meeting at the Hunting Hollow entrance (on the way to Gilroy Hot Springs). Ride durations will be approx. 3 hours. Climbing inevitably will be 2,000 ft + since this is Coe. This is an intermediate ride and is flexible. The trail network is almost endless so if someone tires we can usually change course. You will need lights and we recommend 2 lights with one being at least 10 watts. Over the next few weeks see the alignment of the planets shortly after sunset. See you Friday.

*Sunday, July 7*

### **B/EASY/10/1500 – ROMP 1st Sunday Social Ride.**

Meet in the Grizzly Flat parking lot on Skyline Blvd. (3 mi. north of Hwy 9 and 3 mi. south of Page Mill Rd.) ready to ride at 10 AM. We'll ride the trails in Long Ridge and Saratoga Gap OSPs. The ride has several steep hills. For more info contact Claire and Dave at 408-255-3464 or [crashcall@scoreone.com](mailto:crashcall@scoreone.com) and [tripman@scoreone.com](mailto:tripman@scoreone.com), re-

*(Continued on page 9)*

## General Ride Info

### Ratings code

Pace / Technical difficulty / Mileage / Approximate elevation gain

### Pace

A – Slow; social or introductory ride. Riders need not be experienced or fit.

B – Moderate; recreational ride.

C – Quick; fun and fitness ride with multiple hours of strong riding.

D – Sustained, fast; sweaty, intense training ride.

E – Hammerfest; riders should have their heads and knees examined!

Pace generally reflects climbing speed; downhill speed in most local areas is limited to 15 mph. A, B, and C rides are “no drop” rides with regroupings as needed and rest breaks appropriate for weather, terrain and pace. D and E rides may drop riders who cannot maintain the pace; the drop policy may be stated in the ride listing, or ask the ride leader.

### Technical Difficulty

EASY – Smooth singletrack or fire road; obstacles such as rocks and roots might exist but are not numerous.

INTermediate – Steep, rutted fire road; singletrack with extended sections that can include medium or large rocks and roots; stream crossings; exposure; long singletrack descents.

DIFFicult – Singletrack with very steep and/or rocky sections; narrow trails; exposed sideslopes; downhill-side-sloped sections.

EXTreme – Singletrack with extended steep climbs or descents over rough terrain; many tight switchbacks and turns. Portions may require portage.

### Notes

For your first ROMP ride, try one of our monthly A, B, or C rides to get an idea of pace and technical difficulty.

HELMETS ARE REQUIRED FOR ALL ROMP RIDES. Please be prepared for the ride (make sure your bike is in working order, bring appropriate tools, food, water, clothing, etc.). All riders will need to sign a waiver before every ride; minors will need a parent or guardian to sign their release.

In general, rain at the area of the ride within 48 hours of the ride cancels. But, because different trails can withstand the weather differently, we allow the ride leader to make the final decision. If you are unsure about whether a particular ride will go on, contact the ride leader.

### Interested in leading a ride?

Contact Paul Nam or Chris Voci-Nam at 650-493-8774 or [ride@romp.org](mailto:ride@romp.org) by the tenth of the preceding month for newsletter listing. Visit [www.romp.org](http://www.romp.org) for detailed help on leading a ride or to submit your ride online.

## Mad Props to the Swap Meet Volunteers

(Continued from page 4)

Paul Nam  
Henry Pastorelli  
John Morgan  
Dave Weiland  
Linda Kahn  
Jeff Kahn  
Sonia Kirk

Please forgive me if I left someone out. All those people who volunteered made this event happen. Without them we never would have had a successful Swap Meet.

Kudos to Everyone and Thanks!!!

Karen Morgan - Swap Coordinator

## San Mateo ROMPERS Get Active!

(Continued from page 3)

Pescadero, Sam McDonald and Huddart completely off limits to San Mateo County cyclists? Why are segments of the Bay Area Ridge Trail between EcdM and Purissma Open Space Preserve closed to bikes?

Joe Witherspoon/ Michael Saleski; teamed up to start attending the San Mateo County Trails Advisory Committee meetings. Please support them as they work to represent our cycling interests in San Mateo County. Thanks guys and please keep us posted.

Henry Pastorelli, President

## June BARF Ride Report

By Paul "I love BARF Rides" Nam

It was the June 22 BARF ride. As if just finishing the 10,000 ft of Coe Summer Solstice Sacrifice Ride wasn't enough of a reward, afterwards we all sat down to a free surprise meal of spaghetti con pollo catered by Beginner's Clinic ride leader Jim Lauth. Not only that, but in the middle of the ride we were regaled with fresh hand cranked vanilla ice-cream and ginger cookies; 50 lbs towed out over twelve miles and 2,000 ft in a BOB trailer by Tomas Jonnson to Coit Lake.

On a ride like this I was trying to expect the unexpected, but not ice-cream and spaghetti. Hot and dry were supposed to be the watchwords, but morning did not quite dawn, because a thick layer of marine fog shrouded the hills as we began the ride at 7:00 am at Hunting Hollow. Arm warmers and leg warmers unexpectedly came into play as we tackled Lyman-Willson head on, and then careened down Phegley Ridge in the fog. By 3,000' ft of climbing into the day it was getting hot as we churned relentlessly up the Grapevine and into the heat, over the rocks of Kelly Cabin Canyon, hoisted our way over Willow Ridge, flew by Hoover airstrip and rambled down the White Tank Trail and over the Snake to Coit Lake, for a swim and ice-cream surprise.

Upon our final summit atop Wilson Peak the cooling breezes had started up. We descended Middle Steer Ridge, our last downhill of the day, absolutely satisfied with a huge day of single tracking behind us: 46 miles and 10,000' of climbing in Henry Coe.

Thirty riders participated, with 19 finishing the entire course. It was a good ride; one to be remembered for a long time.

## Rides Continued

(Continued from page 8)

spectively.

*Tuesday, July 9*

**B/INT/5-10/various - Whine and Dine MTB Ride**

See July 2<sup>nd</sup> for details

**C/INT/10/1800' TUESDAY EVENING FREMONT OLDER RIDES**

See July 2<sup>nd</sup> for details

*Thursday, July 11, 2002*

**B/INT/10/1000 - After Work Dirty Ride**

See July 4th for details

*Friday July 12, 2002*

**B/INT/12/2000---Henry Coe Park**

See July 5th for details

*Saturday July 13, 2002*

**B/INT/12/2000---Santa Teresa Interpretive Ride**

[http://www.parkhere.org/activities/interpretive\\_prog.html](http://www.parkhere.org/activities/interpretive_prog.html)

*Sunday, July 14*

**C/INT/15/2500 - ROMP 2nd Sunday Ride in Soquel Demo Forest.**

Meet at 10 AM on Highland Way at the SDF bridge entrance. SDF's sweet single-track can be technically challenging and there's also a fair amount of climbing on this ride, though most of it is on fireroad. We'll keep a moderate pace and do frequent regroupings. To get to SDF, take HWY 17 to Summit Rd and head southeast for about 10 miles. Summit Rd. changes to Highland along the way. About 3 miles before the SDF entrance, you'll have to make a right turn at a stop sign, then quickly bear to the left (staying on Highland). Park on road near entrance bridge to SDF. For more info on SDF, see <http://www.live.com/mtb/rides/SoquelDemo.html>. Rain within 48 hours of ride may cancel. For more info, contact Jim Lauth at 408-739-3946 or [singletrack@sbcglobal.net](mailto:singletrack@sbcglobal.net)

**B/INT/18/1500 - Cruisin' C C.**

Meet at 11:00 AM at China Camp State Park. Want to ride buff single track in a State Park? Well then....meet us at China Camp State Park at 11:00 am along North San Pedro Road. To get there, take Hwy

(Continued on page 10)

## Rides Continued

(Continued from page 9)

101 north across the Golden Gate Bridge & continue on until you come to North San Pedro Road. Travel east on North San Pedro for a few miles, and then south as the road curves around the hills. Drive past the first entrance road (pay station booth) & continue south until you come to a dirt entrance road. For further information, contact Richard Holtermann at 408-226-6871 or [mtbholt@yahoo.com](mailto:mtbholt@yahoo.com).

*Tuesday, July 16*

### **B/INT/5-10/various - Whine and Dine MTB Ride**

See July 2<sup>nd</sup> for details

### **C/INT/10/1800' TUESDAY EVENING FREMONT OLDER RIDES**

See July 2<sup>nd</sup> for details

*Thursday, July 18, 2002*

### **B/INT/10/1000 - After Work Dirty Ride**

See July 4th for details

*Friday July 19, 2002*

### **B/INT/12/2000---Henry Coe Park**

See July 5th for details

*Saturday, July 20, 2002*

### **A/EASY/6/500 – ROMP 4th Saturday Beginners Clinic.**

Beginners-only ride and clinic covering trail etiquette, safety, riding technique, control, equipment and basic repair. Meet and park at the corner of Skyline Blvd. and Page Mill at 10 AM. Please RSVP to be sure of a spot, ROMP membership not required. Helmet required, water and gloves highly recommended. Ride canceled by rain within 48 hours prior to the ride. For reservations and other info, contact Jim Lauth at 408-739-3946 or [singletrack@sbcglobal.net](mailto:singletrack@sbcglobal.net).

*Sunday, July 21, 2002*

### **D/DIFF/15/2800 – ROMP 3rd Sunday Advanced Ride in El Corte de Madera.**

We'll leave at 10 AM from the Skeggs Point lookout on Skyline Blvd, approximately 5 miles north of the Hwy 84/ Skyline intersection. This advanced ride will be filled with technical challenges. For more info contact Dave at 408-255-3464 or [tripman@scoreone.com](mailto:tripman@scoreone.com).

### **C/DIFF/11/2100 – ROMP 3rd Sunday Not-As-Advanced Ride in El Corte de**

### **Madera.**

We'll leave at the same time and place as the Advanced Ride. For more info contact Clair at 408-255-3464 or [crash-call@scoreone.com](mailto:crash-call@scoreone.com).

*Tuesday, July 23*

### **B/INT/5-10/various - Whine and Dine MTB Ride**

See July 2<sup>nd</sup> for details

### **C/INT/10/1800' TUESDAY EVENING FREMONT OLDER RIDES**

See July 2<sup>nd</sup> for details

*Wednesday July 24, 2002*

### **B/INT/12/2000---Stevens Creek Interpretive**

[http://www.parkhere.org/activities/interpretive\\_prog.html](http://www.parkhere.org/activities/interpretive_prog.html)

*Thursday, July 26, 2002*

### **B/INT/10/1000 - After Work Dirty Ride**

See July 4th for details

*Friday July 26, 2002*

### **B/INT/12/2000---Henry Coe Park**

See July 5th for

*Sunday, July 28*

### **B/INT/12/1400+ – ROMP Last Sunday of the Month Wilder Ranch Ride.**

Meet in the parking lot near the restrooms, ready to ride at 10 AM. We like to keep this ride social and maintain a comfortable pace, with "do-overs" on some of the more technical areas. For more info contact Michael and Jain Light at 831-662-9744 or [malite@bikerider.com](mailto:malite@bikerider.com).

*Sunday, July 28*

### **D/INT-DIFF/65/10,000 - 6th ANNUAL 10k BARF.**

No, we aren't talking about a 10 kilometer ride, but instead 10,000' of dirt climbing in 1 day with the least amount of riding on the same trail twice. I will have to change the route some from previous years, as some of the MROSD preserves we used to ride through have been closed to bikes. Meet at the Windy Hill parking lot on Portola Road in Portola Valley. If you do the whole thing (and many who start won't finish the whole thing), you might be done in time for dinner. Ride starts at 8:00am sharp (so arrive before then or we will leave you behind). Brings LOTS of food and water. Let's hope for nice weather, but please come prepared for blazing hot temps. Contact: Peter Donohue, 650-367-9327,

## Lead a ROMP Ride!

Riding season is in full swing so why not volunteer to lead a ROMP Ride. As an added incentive, ROMP will pay the membership fee for anyone who leads eight or more rides during one year.

Last minute rides can be posted to the email list and web page. To post a ride to the email list, simply send your email to [romp@topica.com](mailto:romp@topica.com). To post a ride to the web page, visit [www.romp.org](http://www.romp.org) and click "Schedule a ride", phone the ride coordinator, or forward it to [ride@romp.org](mailto:ride@romp.org).

Multiple rides at the same location on the same day are fine. ROMP rides are typically well attended, sometimes in excess of the 8-10 riders that are easily managed, so the more rides the better.

[peter@singlespeed.org](mailto:peter@singlespeed.org)

## AUGUST

All regularly scheduled rides in July continue through August.

These include regular ROMP rides every Tuesday, Thursday, Saturday, and Sunday, as well as Interpretive rides with the Santa Clara Country Parks.

See [www.romp.org](http://www.romp.org) for updates on special rides.s





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**Calmar Cycles** 2236 El Camino Real, Santa Clara 408-249-6907 [www.calmarcycles.com](http://www.calmarcycles.com)

**Chain Reaction** 1451 El Camino Real, Redwood City 650-366-6620; 2310 Homestead (at Foothill Plaza), Los Altos 408-735-8735 [www.chainreaction.com](http://www.chainreaction.com)

**Cupertino Bike Shop** 10493 S. De Anza Blvd, Cupertino 408-255-2217 [www.cupertinobike.com](http://www.cupertinobike.com)

**Palo Alto Bicycles** 170 University Ave. Palo Alto 650-328-7411 [www.paloaltobicycles.com](http://www.paloaltobicycles.com)

**Slough's Bike Shoppe** 260 Race St., San Jose 408-293-1616

**Summit Bicycles** 100-A S. Santa Cruz Ave., Los Gatos 408-399-9142; 843 Gilman St., Berkeley 510-524-5398; 1111 Burlingame Ave., Burlingame 415-343-8483

**Trail Head Cyclery** 14450 Union Ave, San Jose 408-369-9666 [www.trailheadonline.com](http://www.trailheadonline.com)

**Calabazas Cyclery** 6140 Bollinger Rd., San Jose 408-366-2453 [www.calabazas.com](http://www.calabazas.com)

**Crossroads Bicycles** 217 N Santa Cruz Ave # C, Los Gatos, CA 408-354-0555

**Light&Motion**, 300 Cannery Row, Monterey, 831.645-1538 [www.bikelights.com](http://www.bikelights.com)