

# MOUNTAIN CYCLIST

LEADING THE PARTICIPATION OF MOUNTAIN CYCLISTS IN THE TRAIL COMMUNITY

SEPTEMBER-OCTOBER 2003

## Fall Events Planned for ROMP and MTB Friends

Laying to rest any odd notions that our local riding season ends in summer, ROMP and friends will host a series of not-to-be-missed events between September and November. With the combination of great bike action and our warm autumn days, these events will go the distance towards keeping your cycling habit stoked into winter.

### IMBA Epic at Henry Coe State Park

Straddling the end of summer and the start of fall is the much-anticipated Coe IMBA Epic, which was rescheduled for September 20<sup>th</sup> and 21<sup>st</sup> after a disappointing rain cancellation last May.

Mountain bike advocacy groups ROMP, BTCM, BTCEB and MBOSC will host this free weekend event consisting of trail work, camping, and an epic ride. It all takes place in the scenic southeast hinterlands of Henry Coe off Highway 152 near Casa de Fruta. This one-time only, landmark event will celebrate hard work and hard play. Planners anticipate more than 100 participants. For more information, e-mail Paul Nam ([president@romp.org](mailto:president@romp.org)).

### ROMP Picnic at Stevens Creek Park

Ride, eat and swap biking stories with friends at ROMP's annual picnic on October 11th. Pre-picnic rides of different levels will be posted on the ROMP Web site calendar. Post-picnic, a handful of raffle-winners will score some great swag. Who knows what else might happen? Count on a few good surprises. Bike polo, perhaps? Or maybe we'll see a repeat of the impromptu limbo contest from two years ago. If you plan to attend the picnic, RSVP to Riya Devine, (408) 253-7086, [rompsocialdir@hotmail.com](mailto:rompsocialdir@hotmail.com). For details and updates, check the "Events" link (under "Club") in the left hand menu on the ROMP Web site, [www.romp.org](http://www.romp.org). The cost of admittance to the picnic will be \$5 for members and \$10 for non-members.

### ROMP's Pumpkin Ride

Join ROMPers Glenn, Linda Wegner, and Chris and Paul Nam, and Ichabod Crane (kidding!) for the ROMP Pumpkin Ride on Saturday, October 25th. The distinguishing theme of this unusual event is the riders' ability to haul weight—namely pumpkins—to Skyline Boulevard via Higgins Purisima Road and the Purisima Creek Trail. This fun ride will offer three classes: backpack, bike rack, and trailer, with prizes also awarded for best costumes. To RSVP or get info, contact Paul Nam, [president@romp.org](mailto:president@romp.org). (See page 6 for more details on this ride.)

**COE PILOTS**—Riders enjoy some of the excellent singletrack and terrain offered by Henry Coe State Park, scene of the IMBA Epic on September 20 and 21.





## MOUNTAIN CYCLIST

The *Mountain Cyclist* is the monthly newsletter of the Responsible Organized Mountain Pedalers (ROMP). Mailing address:

ROMP  
PO Box 1723  
Campbell CA 95009-1723  
info@romp.org

Send general newsletter material directly to the editor (not to the club PO box):

Josh Moore or Eric Lafferty  
newsletter@romp.org

Send ride listings to the club ride coordinator (not to the club PO box):

Chris Voci-Nam and Paul Nam  
408-446-3745  
ride@romp.org

### Monthly Meetings

Monthly meetings are where the vast majority of ROMP business is conducted, including policy development issues, budgets, and cyclist education. They occur at 7 PM on the fourth Monday of each month (except December) at the Round Table Pizza, Sunnyvale Town and Country  
**Address:** 101 Town And Country Sunnyvale, CA 94086. (408) 736-2242

### Newsletter Mailing Party

Many thanks to all for helping fold, tab, and label the last newsletter.

This fun is repeated monthly, usually on the fourth Wednesday or Thursday of the month in Cupertino. If you would like to help next time (and eat some pizza and talk bikes at the same time), contact Glenn Wegner at 408-257-8284 or [news mailing@romp.org](mailto:news mailing@romp.org) for more details.

### IMBA Rules of the Trail

ROMP, an IMBA-affiliated organization, supports and practices the IMBA Rules of the Trail. Following these rules is not only key to responsible riding, but essential to keep trails open to cycling.

1. Ride on open trails only.
2. Leave no trace.
3. Control your bicycle.
4. Always yield trail.
5. Never spook animals.
6. Plan ahead.

## SPONSOR PROFILES

### Custom Steel Frames by Dale Saso

His name may be new to some people, but Dale Saso has been building high-end custom steel frames here in the Bay Area since 1972. Making both fillet-brazed and lugged frames, he prides himself in the quality and workmanship of every frame he builds.



Saso believes in harnessing the bicycle for transportation and recreation uses. He once collaborated with fellow design luminaries Jeff Lyon and Keith Bontrager to build a bike for the former Gov. George Deukmejian to promote Ride-to-Work week.

“I’ve known Dale since I started thinking about building a bike frame,” says Keith Bontrager. “He was a big part of why I managed that first bike. He gets lots of credit for the inspiration and supplying materials—not for the marginal frame that I built, of course.”

When you order a frame from Dale, you work directly with him, the frame builder. There’s no shop or middleman, and Dale prides himself on being able to communicate with customers and deliver exactly what they want and need. The true test of his work, he believes, is his customers’ rides: the bike should always speak for itself.

As an official ROMP sponsor, Dale offers members 15% off of the frame price, as well as additional discounts. Contact Dale Saso for more information: [www.sasobicycles.com](http://www.sasobicycles.com).

### Trail Head Cyclery

Trail Head Cyclery Co-owner Lars Thomsen can trace his passion for bicycles back to kindergarten. When mountain biking took off in 1983, it offered young Lars a natural transition from BMX, and he began riding the trails above Los Gatos.

Like son, like father in the Thomsen family. Lars’s dad John started mountain biking about the same time as Lars and soon became as fanatic about the sport as his son. So much so that he quit his high-salaried day job and trained as a bike mechanic, eventually wrenching for Wheelsmith in Palo Alto.

Meanwhile, Lars attended UCSB, breaking often from his studies to ride the Santa Barbara hills and work in a local bike shop. One day in 1996, Lars got a call from his dad—John was opening a bike shop in San Jose and wanted his son to join him.

Lars and his wife, Karen, returned to the Bay Area, and in March 1997, Trail Head Cyclery opened, with the shop motto, “A friendly, knowledgeable staff that loves to ride and doesn’t have an attitude.”

When not at work, Lars and John still spend a lot of time on the trails. Lars rides an Intense Tracer, and his favorite local ride is Saw Pit in Soquel Demo Forest. John rides an S-Works Enduro, and his favorite ride is Nisene Marks.

In every detail, Trail Head Cyclery reflects the Thomsens’ passion for bikes. Stop at Trail Head for friendly, high-quality service from people who treat every bike as if it were their own: **14450 Union Avenue, San Jose, CA (408) 369-9666** or visit [www.trailheadonline.com](http://www.trailheadonline.com).

Don’t miss Trail Head’s Spooky Swap Meet on  
November 2nd!

# What Is ROMP?

By Claire Nippress, Vice President, ROMP



Claire Nippress

Recently, several questions have surfaced about ROMP: Is it a social club? Is it an advocacy group? Does ROMP have a purpose, and if so what is it?

For some of you, ROMP may simply be an organization that provides organized rides and bike-related events, where you can meet other like-minded people and talk about epic rides, gnarly trails, and crashes. But ROMP is more than just a social group. ROMP plays an active and vital role in keeping trails open and helping build new trails, ensuring that mountain bikers

(and other user groups) continue to have access to fun trails, and that these trails remain environmentally stable. ROMP also serves the community by providing education on how to ride safely with minimum impact on the environment, and ROMP's trail patrollers provide assistance (medical care, bike repairs, directions, etc.) to all trail users.

ROMP is made up of volunteers, not paid professionals. We give our time because of our love for the sport and our belief that we can make a difference in our community. If you'd like to learn more about the club, its history, and accomplishments, check out the "What Is ROMP" link in the left-hand column (under "Club") on the ROMP website, [www.romp.org](http://www.romp.org).

## Thank You to Old and Welcome to New ROMP Officers

The past couple of months have seen several changes to ROMP's board of officers. Some officers have stepped down (but are still active within ROMP), while other ROMP members have taken on new or different roles and responsibilities.

ROMP would like to thank all the officers for their hard work over the last few months and—in some cases—years. Special thanks goes to Karen McAdams for an awesome job of redesigning the ROMP web site, Joanna Holmes and Julie Brown for their dedication, persistence and patience in putting together the *Mountain Cyclist* newsletter, Karen Morgan for arranging all the social events and making ROMP a fun club to belong to, Jim Sullivan for persuading our sponsors to donate swag for ROMP events, and John and Karen Morgan for putting together the National Mountain Bike Patrol.

ROMP enthusiastically welcomes its new officers:

Webmaster:	Tim Pepper
Newsletter Editors:	Eric Lafferty and Josh Moore
Trail Education Coordinator:	Rich Andrews
NMBP Coordinator:	Dave Wieland
Social Coordinator:	Riya Devine
Sponsor Coordinator:	John Morgan

ROMP officers' contact details are available in each newsletter and under the "Contacts" link, in the left-hand column (under "Club") on the ROMP web site. A full listing, current as of press time, is also provided on page 4 of this newsletter.

## MOUNTAIN CYCLIST

### Membership Update

#### New Members

Guy Anthony & Family  
Al Baumann  
Cynthia M. Berg & Erik W.A. Cords  
Michael Bergstrom  
Amy Brideau  
Bill Keys  
Joan R. Murakami  
Tom Oshima  
Jim Preston

#### Renewals

Sabine Axt  
Thomas A. Burnham  
Jerry R. Downing  
Debbie & Tim Ellis & Family  
Robert L. Faulhaber  
Diane Haas  
Rick Hanford & Family  
Gilbert G. Hayse  
Mark Hubbell & Family  
Lynne Leeper  
Bob Pemberton  
Natasha Perry & Aaron Hunter  
Thomas Quinonez & Jelana Caibine  
Rich Schwerin  
Steven & Cindy Springsteal  
Lee Van Pelt  
Andrew Williams  
Chester Wu & Carissa Wong

# Advocacy Update: Almaden Trails

By Jim Preston  
President, Almaden Trails

Almaden Trails, a new nonprofit organization for multi-use trail advocacy, construction, and maintenance, focuses on the hills surrounding New Almaden, 14 miles southwest of downtown San Jose. This area, roughly 30,000 acres, includes New Almaden Quicksilver County Park, Calero County Park, Santa Clara County Open Space Authority and MROSD (Sierra Azul) properties, as well as the old Preston Ranch on the south side of Almaden Reservoir. We favor a holistic approach to land-use planning for the whole integrated area, instead of the current planning basis of each property separately.

The Almaden hills offer more moderate elevation conditions than most of the other large public properties in Santa Clara County. Great views, accessibility, and superior terrain for exercise and nature activities characterize the Almaden hills. This area could include substantial beginning and intermediate level trails for hikers and mountain bikers, along with some serious challenges. The existing "trail" system comprises mostly old ranch and mine roads that lack interest for most users and are costly to maintain. These roads were not designed or built with the environment or recreation use in mind.

Some of these roads offer opportunities for a return to nature or modification to single track. New trails could be built to avoid environmentally sensitive areas and reduce user conflicts through proven trail design techniques. There are sites for "back-country" campsites that could be proposed and built.

However, few of these ideas will take shape unless we build a strong and diverse user group to assist the local land managers with property acquisition, planning, financing of the studies, construction, and maintenance. To learn how to get involved, visit [www.almadentrails.org](http://www.almadentrails.org).

# September and October Rides

## Check Website for Updates!

Monday, September 1

### A/EASY/10/1200—Mountain Biking 101

Meet Mondays at 6:00 p.m. at the Fremont Older Prospect Road parking lot in Cupertino. This mellow-paced ride is for beginners. For those interested in a flat tire repair clinic bring a spare tube, tire levers, patch kit and pump. Directions: exit H85 at de Anza Blvd. (northbound turn left onto de Anza, southbound turn right onto de Anza). Travel on de Anza about .5 miles and turn right onto Prospect Rd. Follow Prospect for 1.3 miles, turn left after the Country Club until you reach the preserve parking lot. Parking is limited so please car pool. Rich Andrews (650) 604-0562 (day), (408) 738-1384 (eve), [randrews@arc.nasa.gov](mailto:randrews@arc.nasa.gov).

Tuesday, September 2

### B/INT/23/1500—ROMP Alpine Road Auto-Free Mountain-Bike Ride

This all-legal, mostly offroad night-ride will meet southbound Caltrain #66 at 5:02 PM, and northbound #81 at 5:05 PM at the California Ave. Caltrain station. We'll roll through Arastradero Preserve to Alpine Rd. and Willowbrook in Portola Valley. At 6:15 PM we'll meet anyone driving up (please park on Willowbrook) at this intersection. Next we'll pedal up old Alpine Rd. to Page Mill Rd. at Monte Bello Ridge. Returning, we meet the northbound Caltrain #95 at 8:26 PM, the southbound #66 at 9:03 PM. This ride is for intermediate riders with 3+ hr. headlight systems; reflectors and flashing rear lights are highly recommended. The pace is slow, and this ride is geared for fun. For further information, contact Jim at 650-493-8774 or [ssulljm@juno.com](mailto:ssulljm@juno.com).

Wednesday, September 3

### C/INT/15/2000—Fremont Older After

**Work** Join Glenn & Linda for another exciting and fun packed summer of evening rides! Yes, we've changed to Wednesday evenings after about 6 years of Tuesdays. Rain cancels. 408-257-8284 if you need more info.

## ROMP Directory

### Responsible Organized Mt. Pedalers (ROMP)

PO Box 1723, Campbell CA 95009-1723  
[www.romp.org](http://www.romp.org), [info@romp.org](mailto:info@romp.org)  
voicemail and fax 408-380-2271, ext. 2171

<b>President</b>	Paul Nam
408-446-3745	<a href="mailto:president@romp.org">president@romp.org</a>
<b>Vice President</b>	Claire Nippres
408-255-3464	<a href="mailto:vicepresident@romp.org">vicepresident@romp.org</a>
<b>Secretary</b>	Esther Kim
408-554-9456	<a href="mailto:secretary@romp.org">secretary@romp.org</a>
<b>Treasurer</b>	Glenn Wegner
408-257-8284	<a href="mailto:treasurer@romp.org">treasurer@romp.org</a>
<b>Beginner's Clinic Leader</b>	Rich Andrews
<b>Membership Director</b>	<a href="mailto:beginnersclinic@romp.org">beginnersclinic@romp.org</a>
408-257-8284	Linda Wegner
<b>Social Director</b>	<a href="mailto:membership@romp.org">membership@romp.org</a>
<b>Volunteer Coordinator</b>	Riya Devine
408-756-7396	<a href="mailto:tyler.french@romp.org">tyler.french@romp.org</a>
<b>NMBP Coordinator</b>	Tyler French
408-224-6879	<a href="mailto:volunteer@romp.org">volunteer@romp.org</a>
<b>Newsletter Editor</b>	John Morgan
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	Eric Lafferty,
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<b>Membership Database Coordinator</b>	David Volansky
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<b>Newsletter Distribution Coordinator</b>	Glenn Wegner
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650-364-6785	<a href="mailto:traileducation@romp.org">traileducation@romp.org</a>
<b>Ride Coordinator</b>	Berry Stevens
408-446-3745	<a href="mailto:trailwork@romp.org">trailwork@romp.org</a>
<b>Sponsor Coordinator</b>	Chris Voci-Nam and Paul Nam
<b>Webmaster</b>	<a href="mailto:ride@romp.org">ride@romp.org</a>
	John Morgan
	Tim Pepper
	<a href="mailto:webmaster@romp.org">webmaster@romp.org</a>

## Other Organizations

### Bicycle Trails Council of Marin (BTCM)

PO Box 494, Fairfax CA 94978  
415-456-7512 [btcmarin.org](http://btcmarin.org)

### Bicycle Trails Council of the East Bay (BTCEB)

PO Box 9583, Berkeley CA 94709  
415-528-BIKE [www.btceastbay.org](http://www.btceastbay.org)

### Folsom Auburn Trail Riders Action Coalition

916-663-4626 [www.fatrac.org](http://www.fatrac.org)

### International Mt. Biking Association (IMBA)

PO Box 7578, Boulder CO 80306  
303-545-9011 [www.imba.com](http://www.imba.com)

### Monterey Mt. Bike Association (MoMBA)

PO Box 51928, Pacific Grove CA 93590  
408-372-2134

### Mountain Bikers of Santa Cruz (MBoSC)

[president@mboosc.org](mailto:president@mboosc.org) [www.mboosc.org](http://www.mboosc.org)

### Sonoma County Trails Council (SCTC)

[www.sonomatrails.org/sctc/](http://www.sonomatrails.org/sctc/)

### San Jose Inner City Outings (San Jose ICO)

[www.sierraclub.org/ico/sanjose/](http://www.sierraclub.org/ico/sanjose/)

### Silicon Valley Bicycle Coalition

[www.svbcbikes.org/](http://www.svbcbikes.org/)

### Western Wheelers Bicycle Club

[www.westernwheelers.org](http://www.westernwheelers.org)

### Women's Mt. Biking and Tea Soc. (WoMBATS)

[www.wombats.org](http://www.wombats.org)

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## Rides

*Thursday, September 4*

### **Whine and Dine Ride**

Meet at Summit Bikes on Main Street in Los Gatos, across the street from the Los Gatos Library. This is a social MTB ride that will ride various trails radiating out of this area. Steve Sloan 448-3408 (home) s\_sloan@mac.com, Tyler French 756-7396 (work) tyler.j.french@lmco.com .

*Sunday, September 7*

### **B/EASY/INT/11/1500 – 1st Sunday Saratoga Gap**

Meet at 10:00 AM at Grizzly Flat on Skyline Blvd. (between Junction 9 and Page Mill Rd.). This is a social ride so there are plenty of breaks and we wait for everyone. Bring helmet, water and power bars. After ride, we will go for lunch in Saratoga. For further information contact Claire or Dave at 408-255-3478 or [crashcall@scoreone.com](mailto:crashcall@scoreone.com) or [tripman@scoreone.com](mailto:tripman@scoreone.com).

*Monday, September 8*

### **A/EASY/10/1200— Mountain Biking 101**

See description of ride for Monday, September 1 on Page 4.

*Wednesday, September 10*

### **C/INT/15/2000 —Fremont Older After Work**

See description of ride for Wednesday, September 3 above.

*Thursday, September 11*

### **Whine and Dine Ride**

See description of ride for Thursday, September 4 ride on Page 5.

*Sunday, September 14*

### **C/INT/12-18/3000 – 2nd Sunday Ride at Soquel Demo Forest.**

Meet at 10:00 AM at the entrance to SDF on Highland Way. From H17, take the Summit Rd. exit and head SE. Go 5 1/2 miles to the first stop sign, turn right and then bear left onto Highland Way. Go another 4 miles to the entrance. More info on SDF at [www.mtb.live.com/rides/SoquelDemo.html](http://www.mtb.live.com/rides/SoquelDemo.html). Rides will vary covering singletrack such as Ridge, Braille, Tractor and Sawpit. Double loop option if you didn't have enough fun the first time down. Rich Andrews (650) 604-0562 (day), (408) 738-1384 (eve), [randrews@arc.nasa.gov](mailto:randrews@arc.nasa.gov).

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### **Lead a ROMP Ride**

Why not volunteer to lead a ROMP ride? As an added incentive, ROMP will pay the membership fee for anyone who leads eight or more rides during one year.

Last-minute rides can be posted to the e-mail list ([romp@topica.com](mailto:romp@topica.com)) and the Web site ([romp.org](http://romp.org)). To post a ride on the Web, click on "Schedule a ride." Alternatively, you can phone the ride coordinator (see directory) or forward it to [ride@topica.com](mailto:ride@topica.com).

## Land Manager Meetings

**Midpeninsula Regional Open Space District (MROSD)** oversees many open space preserves throughout San Mateo and Santa Clara counties. Board of director's meetings are open to the public on the second and fourth Wednesdays of each month at 7:30 PM in the district offices at 330 Distel Circle (off El Camino Real north of Rengstorff), Los Altos. The District also holds Trail Policy Committee meetings which deal with development and implementation of trail use policy.

**Los Gatos Trails Committee** meets on the second Thursday of each month from 6 to 7 PM at 41 Miles Avenue, Los Gatos.

**Santa Clara County Group of the Bay Area Ridge Trail Committee (BARTC)** meets on the third Wednesday of each month from 7:00 PM to 9:00 PM at Greenbelt Alliance, 1922 The Alameda, Santa Clara (may change – call before attending). Call Judy Etheridge at 408-248-3900.

**San Mateo County Group of the BARTC** meets on the first Wednesday of each month from 9:30 AM to 12 noon at Coyote Point Museum (odd months) and other locations (even months). Call Bill Smith at 650-873-0415 for meeting locations and other information.

## Land Manager Directory

**Acterra (Arastradero Preserve)** 3921 E. Bayshore Blvd., Palo Alto, CA 94303, 650-962-9876, fax 650-962-8234; [www.arastradero.org](http://www.arastradero.org), [www.acterra.org/info@acterra.org](http://www.acterra.org/info@acterra.org) (general), [www.participation.com/arastradero](http://www.participation.com/arastradero)

**California Recreational Trails Committee** Ken McKowen, Trails Coordinator, PO Box 942896, Sacramento 94296-0001, 916-653-6501

**Castle Rock State Park** Bob Culbertson, 831-338-8866

**City of Palo Alto (Arastradero)** Recreation, Open Space and Sciences Division, 650-329-2423

**East Bay Regional Park District** 11500 Skyline Blvd., Oakland 94619, 415-531-9300

**Henry W. Coe State Park** P.O. Box 846, Morgan Hill 95038 Kay Robinson, Park Sup't. 408-848-4006, Barry Breckling, Unit Ranger 408-779-2728, Joe Harcastle, District Superintendent. 209-826-1196; [www.coepark.parks.ca.gov](http://www.coepark.parks.ca.gov) (general), [www.coepark.parks.ca.gov/biking.html](http://www.coepark.parks.ca.gov/biking.html) (biking)

**Midpeninsula Regional Open Space District** 330 Distel Circle, Los Altos 94022; 650-691-1200; [mrosd@openspace.org](mailto:mrosd@openspace.org), [www.openspace.org](http://www.openspace.org)

**Mt. Diablo State Park** District Office 96 Mitchell Canyon Rd., Clayton 94517; 510-673-2891; Larry Ferri, Park Superintendent

**Santa Clara County Parks & Rec. Dept.** 298 Garden Hill Dr., Los Gatos, 95030; Mark Frederick, Capital Projects Mgr., 408-358-3741 x143; fax 408-358-3245; [mark.frederick@mail.prk.co.santa-clara.ca.us](mailto:mark.frederick@mail.prk.co.santa-clara.ca.us), [claraweb.co.santa-clara.ca.us/parks](http://claraweb.co.santa-clara.ca.us/parks)

**Santa Clara County Board of Supervisors** 70 W. Hedding, San Jose, 95110; 408-299-2323

**Santa Cruz District** 600 Ocean St., Santa Cruz 95060; 831-429-2850; David Vincent, District Superintendent

**The Trail Center** 3921 E. Bayshore Road, Palo Alto 94303; 650-968-7065, [www.trailcenter.org](http://www.trailcenter.org)

## Rides

*Monday, September 15*

### **A/EASY/10/1200—Mountain Biking 101**

See description of ride for Monday, September 1 on Page 4.

*Tuesday, September 16*

### **B/INT/23/1500—ROMP Alpine Road Auto-Free Mountain-Bike Ride**

See description of ride for Tuesday, September 2 on Page 4.

*Wednesday, September 17*

### **C/INT/15/2000—Fremont Older After Work**

See description of ride for Wednesday, September 3 on Page 5.

*Thursday, September 18*

### **Whine and Dine Ride**

See description of ride for Thursday, September 4 on Page 5.

*Sunday, September 21*

### **D/DIFF/15/2800 – 3rd Sunday Advanced Ride in El Corte de Madera**

We'll leave at 10 AM from the Skeggs Point lookout on Skyline Blvd, approximately 5 miles north of the Hwy 84/ Skyline intersection. This advanced ride will be filled with technical challenges. For more info contact Dave at 408-255-3464 or tripman@scoreone.com

### **C/DIFF/11/2100 – 3rd Sunday Not-As-Advanced Ride in El Corte de Madera**

We'll leave at the same time and place as the Advanced Ride. For more info contact Claire at 408-255-3464 or crashcall@scoreone.com

*Thursday, September 25*

### **Whine and Dine Ride**

See description of ride for Thursday, September 4 on Page 5.

*Sunday, September 28*

### **B-C/INT/16/2000—Last Sunday @Wilder Ranch**

Wilder Ranch is 2 miles past the traffic light at Western Dr. on H1 (north). We will meet in the parking lot near the restrooms. Leave the parking lot at 9:30. Lots of single track on your favorite trails: Old Cabin, Rodrigo, Twin Oaks, Zane Grey. Many regroupings and “do-overs.” Bring water and snack. Be prepared for the best views of Monterey Bay, great technical single track and faces you may not have seen in a while. Lunch in Santa Cruz after. Michael and Jain Light, (831) 662-9744, malight@pacbell.net.

## OCTOBER

**Most regularly scheduled rides in September continue through October. These include regular ROMP rides every Tuesday, Wednesday, Thursday, and Sunday. See [www.romp.org](http://www.romp.org) for updates on special rides.**

*Saturday, October 25*

### **C/INT/25/2500—ROMP's Pumpkin Ride**

Cycle down to a seaside pumpkin patch, then ride back up with pumpkins on board—the heaviest haul wins! We'll meet at the Purisima Creek Open Space Preserve's northern trailhead parking lot (about 2 miles north of Kings Mountain/Tunitas Creek), off Skyline Blvd. (Hwy 35), at 9:30 a.m. for this special event. The ride descends Harkins Ridge Trail, heads out to Hwy 1 on Higgins Purisima Road to the Pumpkin Patch, and returns up the Purisima Creek Trail to Skyline Blvd. Bring money for pumpkins and plenty of food. Rain cancels. Carpools strongly encouraged. To borrow a ROMP BOB trailer, to RSVP or to learn more, please contact Paul Nam at (408) 446-3745, president@romp.org.



**Mark your calendars for the ROMP Christmas Party, December 5th**



## General Ride Info

### Ratings code

Pace / Technical difficulty / Mileage / Approximate elevation gain

### Pace

A – Slow; social or introductory ride. Riders need not be experienced or fit.

B – Moderate; recreational ride.

C – Quick; fun and fitness ride with multiple hours of strong riding.

D – Sustained, fast; sweaty, intense training ride.

E – Hammerfest; riders should have their heads and knees examined!

Pace generally reflects climbing speed; downhill speed in most local areas is limited to 15 mph. A, B, and C rides are “no drop” rides with regroupings as needed and rest breaks appropriate for weather, terrain and pace. D and E rides may drop riders who cannot maintain the pace; the drop policy may be stated in the ride listing, or ask the ride leader.

### Technical Difficulty

EASY – Smooth singletrack or fire road; obstacles such as rocks and roots might exist but are not numerous.

INTermediate – Steep, rutted fire road; singletrack with extended sections that can include medium or large rocks and roots; stream crossings; exposure; long singletrack descents.

DIFFicult – Singletrack with very steep and/or rocky sections; narrow trails; exposed sideslopes; downhill-side-sloped sections.

EXTreme – Singletrack with extended steep climbs or descents over rough terrain; many tight switchbacks and turns. Portions may require portage.

### Notes

For your first ROMP ride, try one of our monthly A, B, or C rides to get an idea of pace and technical difficulty.

HELMETS ARE REQUIRED FOR ALL ROMP RIDES. Please be prepared for the ride (make sure your bike is in working order, bring appropriate tools, food, water, clothing, etc.). All riders will need to sign a waiver before every ride; minors will need a parent or guardian to sign their release.

In general, rain at the area of the ride within 48 hours of the ride cancels. But, because different trails can withstand the weather differently, we allow the ride leader to make the final decision. If you are unsure about whether a particular ride will go on, contact the ride leader.

### Interested in leading a ride?

Contact Paul Nam or Chris Voci-Nam at 408-446-3745 or ride@romp.org by the tenth of the preceding month for newsletter listing. Visit [www.romp.org](http://www.romp.org) for detailed help on leading a ride or to submit your ride online.

# Responsible Organized Mountain Pedalers

## Membership Application, Renewal, Change of Address, and Donation Form

ROMP is a group of local, energetic mountain bikers who have discovered the need for an active representation for the mountain biking public, and for an organized responsible attitude in the practices of off-road bicyclists. ROMP needs YOUR support to help these changes come about.

**Fill in all information whether you are a new or renewing member. Failure to include all information will delay your membership. Please print legibly and fill out every line.**

Name \_\_\_\_\_ Additional names (family membership) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (      ) \_\_\_\_\_ Email \_\_\_\_\_

### Membership Type

New	Renewal	Change of address (allow 30 days)
Individual (\$20.00)	Family (\$25.00)	Student (\$10.00)
Donation (\$ _____)		
Send newsletter via postal service	Just send me an email when the news is online	

### Club Directory — please list my

Name	Address	Phone	Email
Do not list me in the directory			

### I'd like to help with

Education	Trail work	Fundraising	Letter writing
Event coordination	Newsletter articles	Ride leadership	Social events

### Release of Liability Agreement

Upon acceptance of my membership in Responsible Organized Mountain Pedalers (ROMP), and while participating in any group event sanctioned, sponsored or organized by ROMP, I hereby, for myself, my heirs, assigns, successors and administrators, release, waive and discharge any and all claims for liability or damages resulting from death, personal injury or damage to any property which may occur, or which may later become accountable to me as a result, directly or indirectly of my participation in ROMP events (group rides). I fully understand this release is intended to unconditionally release, in advance, ROMP from any and all liability pursuant to or arising from my participation in club event, **EVEN WHEN SUCH LIABILITY ARISES OUT OF NEGLIGENCE OR CARELESSNESS ON THE PART OF ROMP, its members, officers, and representatives.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent signature (if under 18) \_\_\_\_\_ Date \_\_\_\_\_

Send this form with check payable to:  
ROMP – Attention: Membership, PO Box 1723, Campbell CA 95009-1723

**Did you complete all information, sign your name, and enclose your check?  
Thank you, and welcome to ROMP!**

## New ROMP T-Shirts For Sale!

The new T-Shirts have white lettering on forest (dark green) or olive (light green), and are available in various sizes immediately.

These attractive shirts have the ROMP logo on the front, and "Share The Trails" in large print on the back. "www.romp.org" is on the left sleeve.

T-shirts: \$10 + \$2 shipping

(or pick them up at a club meeting or by arrangement at a club ride)

To order, fill out the following:  
(Sorry, only size XL available)

Size XL	Color (olive or forest)	Qty.	Subtotal
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_____
_____
_____
_____
_____

Order total \$10 ea.: \_\_\_\_\_

Shipping \$2 ea.: \_\_\_\_\_

Total: \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

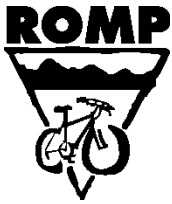
Email \_\_\_\_\_

Phone \_\_\_\_\_

**Send this form with check payable to:**

ROMP – Attention: T-shirts  
PO Box 1723  
Campbell CA 95009-1723





**Responsible Organized Mountain Pedalers**  
 PO Box 1723  
 Campbell CA 95009-1723

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**LIGHT & MOTION**

**TRAIL HEAD CYCLERY**



Crossroads Bicycles



Willow Glen Bicycles



**The Bicycle Outfitter** 963 Fremont Avenue, Los Altos 650-948-8092 [www.bicycleoutfitter.com](http://www.bicycleoutfitter.com)

**Broken Spoke** 782 Laurel Street, San Carlos 650-594-9210 [www.brokenspoke.com](http://www.brokenspoke.com)

**Calmar Cycles** 2236 El Camino Real, Santa Clara 408-249-6907 [www.calmarcycles.com](http://www.calmarcycles.com)

**Chain Reaction** 1451 El Camino Real, Redwood City 650-366-6620; 2310 Homestead (at Foothill Plaza), Los Altos 408-735-8735 [www.chainreaction.com](http://www.chainreaction.com)

**Cupertino Bike Shop** 10493 S. De Anza Blvd, Cupertino 408-255-2217 [www.cupertinobike.com](http://www.cupertinobike.com)

**Palo Alto Bicycles** 170 University Ave. Palo Alto 650-328-7411 [www.paloaltobicycles.com](http://www.paloaltobicycles.com)

**Slough's Bike Shoppe** 260 Race St., San Jose 408-293-1616

**Summit Bicycles** 100-A S. Santa Cruz Ave., Los Gatos 408-399-9142; 843 Gilman St., Berkeley 510-524-5398; 1111 Burlingame Ave., Burlingame 415-343-8483

**Trail Head Cyclery** 14450 Union Ave, San Jose 408-369-9666 [www.trailheadonline.com](http://www.trailheadonline.com)

**Calabazas Cyclery** 6140 Bollinger Rd., San Jose 408-366-2453 [www.calabazas.com](http://www.calabazas.com)

**Crossroads Bicycles** 217 N Santa Cruz Ave # C, Los Gatos, CA 408-354-0555

**Light&Motion**, 300 Cannery Row, Monterey, 831.645-1538 [www.bikelights.com](http://www.bikelights.com)